

The Moon

✦ *What is beneath your subconscious castle?* ✦

Journal Prompts

This month I want you to journal on:

1. What is something that i've been wanting to do that I don't feel ready for?
2. What beliefs make me feel not ready to move forward?
3. Do these beliefs come from me or others around me?
4. What steps can I take to move forward anyway with confidence and certainty I can make this dream of mine?

Ways to work with the Strength card

Brew a Mugwort tea:

Pour for introspection, dreamyness & stress reduction.

Hold or wear a Black Obsidian crystal:

This powerful crystal helps uncover hidden blocks and pave the way to freedom. It helps separate reality from subconscious.

Call in Archangel Zadkiel:

For forgiveness as you unleash old versions of yourself.

A Tarot Spread

Take out your oracle cards, shuffle & ask the following:

Card 1: What lies ahead for this dream of mine?

Card 2: What advice does my subconscious have?

Card 3: What advice does my conscious have?